

COOKING WITHOUT POWER

Cooking meals without electricity or gas lines can be difficult and may be hazardous.

PREVENTING CARBON MONOXIDE POISONING

- **NEVER use charcoal or gas grills indoors.** Using a grill indoors can cause carbon monoxide poisoning or could start a fire and destroy your home.
- **Camp stoves** that use gasoline or solid fuel should always be used outdoors.

ALTERNATIVE HEATING METHODS

- **Small electrical appliances** can be used to prepare meals if you have access to an electrical generator.
- **Wood can be used in a fireplace** if the chimney is sound. Do not use a fireplace with a broken chimney. Be sure the damper is open.
- **If cooking on a wood stove**, be sure the stove pipe is not damaged.
- **If you are building a fire outdoors**, move away from buildings. Never start a fire in a carport. Sparks can travel into the ceiling and start a house fire.

FIRE SAFETY WHEN COOKING

- **Make sure any fire is well-contained.**
 - Use a metal drum or stones around the fire bed.
 - Use a charcoal grill to build a wood fire
 - Put out any fire when finished.

IF COOKING IS NOT POSSIBLE

- **If cooking is not possible**, many canned foods can be eaten cold.

MORE INFORMATION

 preparedness.health.maryland.gov

 facebook.com/MarylandOPR

 twitter.com/MarylandOPR

 health.maryland.gov

 facebook.com/MarylandDHMH

 twitter.com/MDHealthDept

Information is derived from facts developed by Clemson Cooperative Extension.



MARYLAND
Department of Health

Office of Preparedness and Response

Updated 10/2017